



Asthma Plan

Aim

This plan has been developed to increase awareness of asthma and to actively support the whole school community in the effective management of asthma.

Target group School Staff, Students and Parents

Education for School Staff / Parents

- An information session will be held biannually to update all school staff on asthma and its management.
- New staff will be briefed on asthma and its management.
- Parents/carers will be notified of the Asthma Friendly School model through letters home and the school newsletter.
- The poster Asthma First Aid will be displayed wherever appropriate including sick room, staff room, central office and hall.

Asthma education program in school health curriculum

- * Asthma week - whole school focus in third term.
- * Each class teacher will be responsible for planning experiences to increase students awareness of asthma, (eg. reading fiction books, non fiction books, internet research, videos or hands on activities).

Student asthma records

- At the beginning of each year parents/carers will be requested in consultation with their doctor to complete standard Student Asthma Record.
- Parents/carers will be requested to notify the school if there are any changes to their child' asthma plan.
- New students with asthma will be given a form to complete on enrolment.
- Asthma records for all students will be housed in a folder in the staffroom.
- Individual teachers will receive a copy of their class members' asthma record. These can be taken on excursions or camps.
- The physical education teacher will receive a copy of each student's asthma record. These can be taken to sporting events.

Medications

- Students are able to bring appropriate asthma medications to school provided:
 - parent/carer has completed the standard notification forms
 - medications are properly labelled
- Students should keep their blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin) in an easy accessible place.
- Students shall be encouraged to take their blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin) immediately should symptoms develop.
- Parent/carers will be notified of their responsibility to ensure that their child has an adequate supply of appropriate medication.
- A large volume spacer (to assist with the delivery of blue reliever puffer Airomir, (Asmol, Bricanyl or Ventolin) during an acute asthma attack), and blue reliever puffer shall be kept in the school First Aid Kit/Asthma First Aid Kit. These will be situated in the staffroom and physical education office with the student asthma records.

Excursions, camps or sporting events

- A minimum of one staff member capable of managing an acute asthma attack shall be present.
- Parent/carers will be notified of their responsibility to ensure that their child has an adequate supply of appropriate medication.
- Students shall be encouraged to continue taking their usual medications and to always carry their of blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin).
- A large volume spacer and blue reliever puffer shall be carried in the offsite school First Aid Kit/Asthma First Aid Kit.
- A copy of the Asthma First Aid Steps will be carried in the offsite First Aid Kit/Asthma First Aid Kit.

In addition, for every school camp:

- Parents/carers will be requested to update their child's Student Asthma Record.
- A copy of each child's Student Asthma Record will be taken on camp and housed in an easily accessible location.
- Catering staff will be provided with a list of students who have food allergies or have their asthma triggered by food or food additives.

School Physical Education

- All students with asthma shall be encouraged to participate in sporting activities.
- Students with asthma who need to be exempt from sporting events during the year will need parent notification.
- Staff responsible for Physical Education will know and understand the steps involved in managing exercise induced asthma, including pre-medication, warming up and the treatment of an acute asthma attack.

